

CareMount Medical
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CareMount continues Manhattan expansion by adding OB/GYN group

CareMount Medical is further expanding its presence in the city, with the physicians of Manhattan-based Lexington OB/GYN joining the group today.

CareMount, a sprawling, independent, multispecialty group, serves more than 665,000 patients at locations in Westchester, Putnam, Dutchess, Columbia and Ulster counties as well as in the city. It first breached Manhattan 18 months ago, [when Murray Hill Medical Group joined](#). Now the addition of Lexington OB/GYN brings CareMount's local physician count to about 50.

"We hope to keep growing and be a large player in the city," said Dr. Scott Hayworth, president and CEO of CareMount, who is an obstetrics and gynecology specialist himself.

Hayworth said onboarding the physicians of Lexington OB/GYN adds the ability to deliver babies in the city.

The group is located at 145 E. 32nd St. It delivers at Mount Sinai Hospital and partners with maternal fetal medicine consultants to provide treatment for high-risk obstetric cases.

Aside from obstetrics, another specialty CareMount is keen on building out here is pediatrics. "We want to be full service for the entire family," he said.

Talks with Lexington OB/GYN began before the pandemic, Hayworth said. But Covid-19's strain on smaller physician groups has only intensified business pressures and interest in becoming part of larger entities.

"There's no doubt all physician groups in America had difficulties during Covid and hospitals as well," Hayworth said. "We are a strong, secure group, and as a result of that doctors—especially now—reach out to us because they want the safety net of being part of a large group."

"Joining CareMount Medical helps position us for the future," said Lexington OB/GYN founder Dr. Gary Markoff in a statement, "and allows us to focus on our patients instead of the business aspects of running a medical group." —Jennifer Henderson