

February 6, 2020
As seen in Crain's Health Pulse New York
512,000 visitors per month



February 06, 2020 05:30 AM

CareMount, Nuvance team up on population health work

By JONATHAN LAMANTIA and JENNIFER HENDERSON

CareMount Medical and the New York affiliate of Nuvance Health are collaborating on population health–focused initiatives. The work will support clinical integration between the two in the Hudson Valley, the organizations said.

With the support of CareMount Health Solutions, a physician-owned management-services organization, Nuvance Health will launch a Medicare shared-savings accountable care organization in the New York market. The shared-savings program helps hospitals, physicians and other providers collaborate across networks to offer high-quality, lower-cost care to patients.

For the ACO, CareMount Health Solutions will provide Nuvance Health with a suite of population health–management services, including care coordination and clinical programs, data analytics and financial analysis.

To do so, CareMount Health Solutions will draw on experience from running its own successful ACO. The company manages advanced Medicare ACO and Medicare Advantage risk contracts for more than 50,000 seniors in New York.

About 10,000 Medicare beneficiaries attributed to the Nuvance Health ACO will receive coordination, such as transitional care from nurses and physicians following discharge from inpatient hospital stays and post-acute services.

"Overall the collaboration under the ACO ensures alignment on clinical quality; enhanced inpatient to outpatient transitions and continuity of care, and lower readmissions," said Dr. Scott Hayworth, CEO of CareMount, in a statement provided to *Crain's*.

Nuvance Health includes seven hospitals in New York and western Connecticut and a network of outpatient locations. CareMount, an independent medical group, has over 650 physicians and advanced practice professionals in more than 45 specialties. —Jennifer Henderson